Moving at Your Own PACE
PACE – A Lifeline for the Elderly

Case Management Society of America
Detroit Chapter
Education Session

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Disclaimer

The presenter for today’s presentation declares she does not have a financial interest/arrangement with one or more organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this activity.

Thank you
A few housekeeping tasks....

- Please mute your line via phone, Zoom, or computer
- Prepare to engage in polls
- Post questions in chat
- Enjoy!
Reflection

“It is not possible to be in favor of justice for some people and not be in favor of justice for all people.”
-Martin Luther King, Jr.
Objectives

- Increase knowledge of the Program of All-Inclusive Care for the Elderly.
- Identifying opportunities for effective care and improved health outcomes.
- How to connect with PACE.
The Frail Elderly

In medicine, frailty defines the group of older people who are at highest risk of adverse outcomes such as falls, disability, admission to hospital, or the need for long-term care. Older people with moderate to severe frailty are often well known to local health and social care professionals.

https://www.england.nhs.uk/blog/frailty/
Characteristics of the Frail Elderly

- Clinical features include
  - Over 65 years of age
  - Has frailty indicators such as gait abnormality, malnutrition, failure-to-thrive, fall history, muscle wasting/weakness, senility, DME use, etc.
- Some socially isolated/lonely
- Considered as a high-need population

Poll Question

Have you ever heard of PACE?
What is PACE?
PACE is …

Known as a Program for All-Inclusive Care for the Elderly

Sometimes referred to as LIFE – Living Independently for the Elderly

A unique program providing a wide spectrum services that supports the Elderly holistically – mentally, physically, spiritually, emotionally, and socially
PACE Objectives ...

The purpose of a PACE program is to provide pre-paid, capitated, comprehensive health care services designed to:

• Enhance the quality of life and autonomy for frail, older adults
• Maximize dignity of and respect for older adults
• Enable frail, older adults to live in their homes and community as long as medically and socially reasonable
• Preserve and support the older adult’s family unit
History of PACE

Began at On Lok Senior Health Services, Chinatown-North Beach community of San Francisco

- 1973
  - Opened first adult day health center
- 1974
  - Receives reimbursement for day center
- 1975
  - Social daycare center
  - In-home care
  - Home-delivered meals
  - Housing assistance
History of PACE (continued)

- **1979**: Received four-year grant from Department of Health and Human services to develop a consolidated model of delivering care to persons with long-term care needs.

- **1983**: Tested monthly capitated payment system for program participants.

- **1985**: Congress extended On Lok’s Medicare/Medicaid waivers indefinitely for the program.

- **1986**: Congress provided waivers to replicate the model at 10 sites. On Lok received technical support to develop new sites and develop a cross-site database to track performance.
History of PACE (continued)

- **1990**: Model named Program for “All Inclusive Care for the Elderly” or PACE. Received Medicare and Medicaid waivers to operate.
- **1997**: Balanced Budget Act (P.L. 105-33, Section 4801-4804) established PACE as a permanent recognized provider type under both Medicare and Medicaid programs.
- **2003**: Demonstration model programs became permanent PACE providers.
- **2005**: Deficit Reduction Act (DRA) of 2005 authorized a Rural PACE initiative.
History of PACE (continued)

- **2006**: Centers for Medicare and Medicaid Services (CMS) announced 15 rural PACE grantees.
- **2018**: 134 PACE programs operating in 31 states. Serves 55,000+ participants.
- **2021**: 138 PACE programs operating 272 PACE centers in 36 states. Serves 55,000+ participants.
Map of states with active PACE programs, programs in development, and PACE-enabled states.
PACE recipients must meet the following conditions:

- Age 55 or older
- Live in a PACE organization service area
- Certified as needing nursing home level care per state requirements
- Able to live safely in the community if PACE services are granted
PACE Eligibility Requirements - Michigan

- Medically qualified, must meet Medicaid's LTC eligibility criteria
- Must be at least 55 years of age or older
- Must live within the approved geographic area of the PACE organization
- Must be able to live safely in the community (not residing in a nursing facility) at the time of enrollment
- Must not be concurrently enrolled in the Medicaid MIChoice waiver
- Must not be concurrently enrolled in a Health Maintenance Organization (HMO)
- Private pay accepted
Services of PACE

Many programs offer these core services (but aren’t limited to):

- Adult Day Care
- Recreational Therapy
- Meals
- Dentistry
- Optometry*
- Nutritional Counseling
- Social Services
- Laboratory/X-ray services
- Primary Care (physician & nursing)
- Hospital Care
- Medical Specialty Services
- Prescription Drugs
- Nursing Home
- Emergency Services
- Home Care

- Mental Health*
- Physical Therapy
- Speech Therapy
- Recreational Therapy
- Occupational Therapy
- Pastoral Care

*Services offered at select Programs
Care Management Model

- Interdisciplinary Team
  - Primary Care Provider (Physician, Nurse Practitioner, Physician Assistant)
  - Registered Nurse
  - Social Worker (Masters Level)
  - Physical Therapist
  - Occupational Therapist
  - Recreational Therapist or Activity Coordinator
  - Dietitian
  - PACE Center Manager
  - Home Care Coordinator
  - Personal Care Attendant
  - Transportation
Care Management Model (continued)

- Financial support
  - Manages insurance benefits
- Documentation of Care
- Monitor health status
  - Develops and continuous monitoring of care plans
- Plans participant assessments
Poll

- What state did the concept of PACE begin?
- What is the minimum age to enroll in PACE?
PACE Videos

PACE in Action (June 2020) – YouTube

Care Resources PACE — Virtual Tour - YouTube
Identifying Opportunities
Role of the Care Manager – Identifying Opportunities

- Investigator
- Communicator
- Coordinator
- Negotiator
- Facilitator
- Navigator
- Advocate
- Educator
- Problem solver
- Networker
- Supporter
- Counselor
- Empowerer
Socio-economic Impacts on Health

- Housing insecurity
  - Utilities
  - Rent
  - Maintenance
- Social isolation/loneliness
- Food insecurity
- Lack of emotional support
Health Care Needs of the Frail Elderly

- Frequent Emergency Department Use
- Hospitalizations
- Medication Mismanagement
- Poor or Inadequate Nutrition

- Limited Access/Lack of Primary Care Provider
- Unmanaged Health Problems
- Dizziness, Falls, Memory Changes
- Malnutrition, Poor Wound Healing, Muscle Weakness, Decreased Bone Mass
Opportunities for Improved Care

<table>
<thead>
<tr>
<th>Client Concerns</th>
<th>PACE Resource Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Decreased isolation</td>
<td>Social activities; Day Center</td>
</tr>
<tr>
<td>Caregiver Fatigue</td>
<td>Respite care for families</td>
</tr>
<tr>
<td>Access to health care on a regular basis</td>
<td>Primary care clinics</td>
</tr>
<tr>
<td>Psychosocial insecurities</td>
<td>Social work services</td>
</tr>
<tr>
<td>Food insecurities</td>
<td>Registered Dietitians</td>
</tr>
<tr>
<td>Desire to worship/spirituality</td>
<td>Pastoral Care</td>
</tr>
<tr>
<td>Inability to attend medical appointments</td>
<td>Transportation</td>
</tr>
</tbody>
</table>
Poll

Thinking about opportunities to service the frail and elderly, provide two resource opportunities offered by PACE.
How to Connect with PACE
Connecting to PACE

- Michigan has 22 PACE centers


- Locating PACE programs throughout the United States - [https://www.npaonline.org/pace-you/pacefinder-find-pace-program-your-neighborhood](https://www.npaonline.org/pace-you/pacefinder-find-pace-program-your-neighborhood)

- Additional Information regarding Michigan PACE programs
  - Integrated Programs Management Section
    Medical Services Administration
    PO Box 30479
    Lansing, MI 48909
    517-241-4293

Takeaways...

- PACE can be an alternative to nursing home placement
- PACE fills many health and socio-economic gaps
- PACE provide focused, individualized care
- PACE programs exist throughout the state of Michigan and the United States
Poll

- Yes-or-No: I will use PACE as a resource for future referrals.
- How likely will you refer to PACE?
Happy to be a part of PACE

https://vimeo.com/289955281/a22bb38859
Final Comment...

“Knowing is not enough; we must apply. Willing is not enough; we must do.”

- Goethe
Michigan PACE Program Resource Guide
PACE Providers in Michigan

PACE Southeast Michigan
24463 W. 10 Mile
Southfield, MI 48033
855-445-4554

PACE Southeast Michigan
Thome Rivertown
250 McDougall St.
Detroit, MI 48207
855-445-4554

PACE Southeast Michigan
Eastpointe Center
17401 East Ten Mile Road
Eastpointe, MI 48021
855-445-4554

PACE Southeast Michigan
Dearborn Center
15401 N. Commerce Dr.
Dearborn, MI 48120
855-445-4554

PACE Southeast Michigan
Sterling Heights Center
35501 Mound Road
Sterling Heights, MI 48310
855-445-4554

PACE Southeast Michigan
Pontiac Center
823 Golf Drive
Pontiac, MI 48341
855-445-4554

The area served by PACE of Southeast Michigan is in all zip codes in Wayne, Macomb, and Oakland counties except: 48111, 48165, 48167, 48168, 48170, 48178, 48187, 48188, 48374, 48375, 48377, 48390, 48393
PACE Providers in Michigan (continued)

Senior Care Partners PACE
200 West Michigan Ave. St.
Battle Creek, MI 49017
269-441-9300 or 877-284-4071

Senior Care Partners PACE
445 W. Michigan Ave.
Kalamazoo, MI 49001
269-488-5460 or 800-488-5860

Senior Care Partners PACE
800 E. Milham St.
Portage, MI 49002
269-280-9560

Senior Care Partners PACE
300 B Drive North
Albion, MI 49224
517-680-4410

The area served by Senior Care Partners PACE is all of Calhoun and Kalamazoo counties and the following zip codes in Allegan, Barry and Van Buren counties: 49009, 49010, 49026, 49055, 49065, 49067, 49071, 49078, 49079, 49087, 49070, 49080, 49017, 49046, 49050, 49060.
PACE Providers in Michigan (continued)

Care Resources
4150 Kalamazoo Ave. SE
Grand Rapids, MI 49508
616-913-2006 or 800-610-6299

The area served by Care Resources is all of Kent County and the following zip codes in Ottawa County: 49428, 49418, 49435, 49534, 49544.

LifeCircles-PACE Muskegon
560 Seminole Rd.
Muskegon, MI 49444
231-733-8686 or 1-888-204-8626

LifeCircles-PACE Holland
12330 James St.
Holland, MI 49424
616-582-3100

The area served by LifeCircles is Muskegon County and the following zip codes in Allegan and Ottawa Counties: 49315, 49318, 49330, 49401, 49415, 49423, 49424, 49426, 49434, 49451, 49460, 49464, 49010, 49026, 49055, 49056, 49090, 49315, 49406, 49408, 49419, 49423, 49450, 49453, 49403, 49404, 49409, 49417, 49448 and 49456.
Thome PACE  
2282 Springport Rd.  
Jackson, MI 49202  
517-768-9791

The area served by Cascade PACE is Jackson, Lenawee, and Hillsdale counties.

PACE of Southwest Michigan  
2900 Lakeview Ave.  
St. Joseph, MI 49085  
855-243-8876

The area served by PACE of Southwest Michigan is all of Berrien County and the following zip codes in Cass and Van Buren Counties: 49013, 49022, 49031, 49038, 49043, 49045, 49047, 49057, 49064, 49079, 49085, 49098, 49101, 49102, 49103, 49104, 49106, 49107, 49111, 49112, 49113, 49115, 49116, 49117, 49119, 49120, 49125, 49126, 49127, 49128, 49129, and the Van Buren County portions of 49056, 49065, 49067, 49090.
PACE Providers in Michigan (continued)

**Huron Valley PACE**
2940 Ellsworth Rd.
Ypsilanti, MI 48197
855-483-7223

The area served by Huron Valley PACE is all of Washtenaw County and the following zip codes in Wayne, Monroe, Oakland and Livingston counties: 48111, 48116, 48117, 48131, 48133, 48134, 48139, 48140, 48143, 48144, 48145, 48157, 48159, 48160, 48161, 48162, 48164, 48165, 48166, 48167, 48168, 48170, 48174, 48178, 48179, 48182, 48187, 48188, 48189, 48191, 48196, 48242, 48374, 48375, 48377, 48390, 48393, 49238, 49267, 49270 and 49287.

**Ascension Living PACE Michigan**
412 E. First Street
Flint, MI 48502
810-236-7500

The area served by Ascension Living PACE Michigan is all of Genesee county zip codes. All of Lapeer county zip codes except 48435 and 48744. The Shiawassee county zip codes 48414, 48418, 48429, 48433, 48436, 48476 and 48857. The Livingston county zip codes 48418, 48430, 48442, 48451, 48816 and 48855. The Tuscola county zip codes 48420, 48464, 48727 and 48760.
Great Lakes PACE
3378 Fashion Square Blvd.
Saginaw, MI 48603
989-272-7610

The area served by Great Lakes PACE is following zip codes in their entirety:
48417, 48435, 48449, 48601, 48602, 48603, 48604, 48607, 48609, 48611, 48614, 48615, 48616, 48620, 48623, 48626, 48631, 48634, 48637, 48638, 48640, 48642, 48649, 48650, 48655, 48662, 48701, 48706, 48708, 48722, 48723, 48724, 48732, 48733, 48734, 48744, 48746, 48747, 48757, 48767, 48768, 48817, 48841, 48867 and the Saginaw, Midland, Bay, Gratiot, Tuscola, Shiawassee and Arenac County portions of the following zip codes: 48415, 48457, 48460, 48807, 48831

VOANS Senior Community Care of Michigan
1921 E. Miller Road
Lansing, MI 48911
517-319-0700

The area served by VOANS Senior Community Care of Michigan is the following list of zip codes in Ingham, Eaton, Clinton, Shiawassee, Livingston, Barry or Ionia counties: 48808, 48813, 48819, 48820, 48821, 48822, 48823, 48824, 48825, 48827, 48831, 48835, 48837, 48840, 48842, 48848, 48853, 48854, 48861, 48864, 48866, 48872, 48876, 48879, 48890, 48892, 48894, 48895, 48906, 48910, 48911, 48912, 48915, 48917, 48924, 48933, 49021, 49076, 49096, 49251, 49264, 49284, 49285.
The area served by Community at Home, Inc. is the following zip codes in Lake, Mason, Mecosta, Oceana, Osceola, Newaygo and Montcalm counties: 49303, 49304, 49305, 49307, 49309, 49310, 49312, 49320, 49322, 49327, 49329, 49330, 49332, 49336, 49337, 49338, 49339, 49340, 49342, 49343, 49346, 49347, 49349, 49402, 49405, 49410, 49411, 49412, 49413, 49420, 49421, 49425, 49431, 49436, 49437, 49446, 49449, 49452, 49454, 49455, 49458, 49459, 49623, 49631, 49639, 49642, 49644, 49655, 49660, 49665, 49677, 49679, 49688, 49850, 48886.
PACE Providers in Michigan (continued)

**PACE Central Michigan**
1750 E. Bellows
Mt. Pleasant, Michigan 48858
989-953-5800

The area served by PACE Central Michigan is all of Clare, Gladwin, Isabella, Roscommon counties and the following zip codes in Gratiot, Midland, and Montcalm counties: 48801, 48806, 48811, 48818, 48832, 48847, 48856, 48871, 48877, 48880, 48883, 48889, 48612, 48618, 48628, 48652, 48657, 48858, 48883, 48829, 48834, 48838, 48884, 48885, 48888, 48891, 49310

**PACE North**
2325 N. Garfield Rd
Traverse City, MI 49686
1-833-410-2086

The area served by PACE North is all of Grand Traverse, Benzie, and Leelanau counties and the following zip codes in Wexford, Kalkaska, Antrim, and Manistee counties: 49601, 49618, 49620, 49625, 49633, 49638, 49649, 49663, 49668, 49683, 49689, 49612, 49646, 49659, 49676, 49680, 49690, 49615, 49622, 49629, 49648, 49613, 49614, 49616.
References


